

Four-Year Course Plan

Write one course per box, then its credit. Start with the goal, fill in the must-haves, then the electives.

Student _____ Class of _____

Goal after high school: ☐ 4-year college ☐ Selective college ☐ Community college ☐ Trade or apprenticeship
☐ Military ☐ Work or gap year ☐ College sports

SUBJECT	9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE	CREDITS
English	credit ____	credit ____	credit ____	credit ____	
Math	credit ____	credit ____	credit ____	credit ____	
Science	lab? ☐ credit ____	lab? ☐ credit ____	lab? ☐ credit ____	lab? ☐ credit ____	
History / Social studies	credit ____	credit ____	credit ____	credit ____	
World language	credit ____	credit ____	credit ____	credit ____	
Fine arts	credit ____	credit ____	credit ____	credit ____	
PE / Health	credit ____	credit ____	credit ____	credit ____	
Electives	credit ____	credit ____	credit ____	credit ____	
Total					

If the goal is the University of California

UC's "a-g" list: history 2 years, English 4, math 3 (4th strongly recommended), science 2 (3rd recommended), a language other than English 2 (3rd recommended), visual and performing arts 1, college-prep elective 1.

If the goal is NCAA Division I sports

16 approved core courses: English 4 years, math 3 (Algebra I or higher), science 2, 1 more English/math/science, social science 2, 4 more core units. Ten of the 16 (7 in English, math or science) before the 7th semester.

Course Description

Colleges read these next to the transcript. Fill one in at the end of each course, while you still remember what you did.

Course 1

COURSE TITLE

GRADE / SCHOOL YEAR

CREDIT & GRADE

HOURS LOGGED · HOW CREDIT WAS DECIDED (HOURS, TEXTBOOK COMPLETED, OR COLLEGE COURSE)

MATERIALS AND RESOURCES USED

WHAT THE COURSE COVERED

HOW THE WORK WAS EVALUATED (TESTS, PAPERS, LABS, PROJECTS)

Course 2

COURSE TITLE

GRADE / SCHOOL YEAR

CREDIT & GRADE

HOURS LOGGED · HOW CREDIT WAS DECIDED (HOURS, TEXTBOOK COMPLETED, OR COLLEGE COURSE)

MATERIALS AND RESOURCES USED

WHAT THE COURSE COVERED

HOW THE WORK WAS EVALUATED (TESTS, PAPERS, LABS, PROJECTS)

One common way to count a credit (HSLDA guideline)

About 150 logged hours for a core course, 180 for a lab science, 120 for an elective (60 for a half credit). Your state or your target schools may use a different rule, so check them first.

Year-by-Year Checklist

Four years go faster than you think. One page, so nothing important waits until senior year.

9th grade

- ☐ Check your state's homeschool rules for high school
- ☐ Pick a goal and fill in the four-year plan (page 1)
- ☐ Start the transcript and one course description per course
- ☐ Choose how you will count credits, and stay consistent
- ☐ Begin a reading list and an activities log
- ☐ Thinking about college sports? Read the NCAA rules now

10th grade

- ☐ Review the plan: which credits are still missing?
- ☐ Decide what you will outsource (online class, co-op, tutor)
- ☐ Look at dual enrollment options near you
- ☐ Practice PSAT or SAT/ACT once, with no pressure
- ☐ Keep logging hours, labs and activities
- ☐ Update the transcript at the end of the year

11th grade

- ☐ PSAT/NMSQT: contact a school at least 4 weeks before its testing window
- ☐ AP exams: find a school by fall, orders close mid-November
- ☐ Take the SAT or ACT if your target schools want it
- ☐ Visit or research colleges and programs
- ☐ NCAA: 10 core courses (7 in English, math, science) before the 7th semester
- ☐ Ask who will write recommendation letters

12th grade

- ☐ Finish the last required credits first
- ☐ Send applications, transcript and course descriptions
- ☐ Write the school profile: how your homeschool works
- ☐ Retake a test only if it would change a decision
- ☐ Apply for scholarships and financial aid
- ☐ Issue the final transcript and the diploma

My dates & contacts

PSAT/NMSQT HOST SCHOOL & CONTACT

AP COORDINATOR (SCHOOL, PHONE)

SAT / ACT DATES

PSAT/NMSQT TEST DATE

AP EXAMS ORDERED BY

APPLICATION DEADLINES

Dates and rules change every year

Check the College Board, the NCAA Eligibility Center and each college's admissions page for the current year before you rely on a date.