Crochet Poncho Pattern from 2 Rectangles (Sizes S to 2X)

Two rectangles, two seams, a point at the front and at the back · US terms



The back of the poncho: a straight hem and one point in the middle. Preview picture, not a photo of a finished piece.

Finished size: Each rectangle 17 1/2 x 30 1/2 in (S) to 22 1/2 x 36 1/2 in (2X). Neck opening 26 to 27 1/2 in around, hem 95 1/2 to 118 in around. Loose, with room over the bust (approximate).
Level: Advanced beginner: hdc in rows and two seams that join stitches to row ends. Not a first project
Time: About 24 to 27 hours (S) to 35 to 38 hours (2X), estimated, not timed

Counts were checked by software. This pattern has not been crocheted and swatched by a person before publication.

Free pattern online:
https://www.amgroyal.com/crochet-poncho/?utm_source=pdf&utm_medium=referral&utm_campaign=crochet-poncho

Materials, sizes and terms

Materials

Use a worsted (#4) acrylic or wool-blend yarn. Cotton and linen are much heavier and will stretch.
One color; yards for each size are in the size cards above.
Skeins = yards / yards per skein, rounded up, plus 1. Example (S, 840 yd): 200-yd skeins = 5 + 1; 360-yd skeins = 3 + 1. Check the label for yards, not grams.
Add 15 % to the yards you work out from your swatch.
Yarn needle (large eye), scissors, stitch markers (at least 2), measuring tape, pins.
A finished poncho weighs about 0.3 to 0.8 kg (0.8 to 1.7 lb) depending on the size and the yarn (estimate, not weighed).

Sizes

S: to fit bust 32-34 in, each rectangle about 17 1/2 x 30 1/2 in

Yarn needed: About 840 yd with a 15 % margin: 6 skeins of 200 yd or 4 of 360 yd (rounded up, 1 spare skein included). Where it comes from: 2 rectangles 719 yd + 2 seams 7 yd + ends 2 yd = 728 yd, plus the 15 % margin 110 yd = 838 yd, rounded up to 840 yd. Weight about 350 to 500 g (0.8 to 1.1 lb), estimate
Finished size: Two identical rectangles, each about 17 1/2 in wide, length about 30 1/2 in (44 x 77 cm). Neck opening about 26 in around, hem about 95 1/2 in around. The front and the back point hang about 24 1/2 in below the neck edge, the sides about 17 1/2 in. At the underarm the poncho is at least 46 1/2 in around, over a largest bust of 34 in. Approximate.
Counts: Each rectangle: ch 93, 91 sts, 39 rows (make 2). Seams: 52 sts to 39 row ends, twice. Open neck: 39 sts on each rectangle. About 24 to 27 hours in all, estimated, not timed. Not a first project.

M: to fit bust 36-38 in, each rectangle about 18 1/2 x 31 1/2 in

Yarn needed: About 940 yd with a 15 % margin: 6 skeins of 200 yd or 4 of 360 yd (rounded up, 1 spare skein included). Where it comes from: 2 rectangles 808 yd + 2 seams 7 yd + ends 2 yd = 817 yd, plus the 15 % margin 123 yd = 940 yd, rounded up to 940 yd. Weight about 400 to 550 g (0.9 to 1.2 lb), estimate
Finished size: Two identical rectangles, each about 18 1/2 in wide, length about 31 1/2 in (47 x 80 cm). Neck opening about 26 in around, hem about 100 1/2 in around. The front and the back point hang about 26 1/2 in below the neck edge, the sides about 18 1/2 in. At the underarm the poncho is at least 48 in around, over a largest bust of 38 in. Approximate.
Counts: Each rectangle: ch 97, 95 sts, 42 rows (make 2). Seams: 56 sts to 42 row ends, twice. Open neck: 39 sts on each rectangle. About 27 to 30 hours in all, estimated, not timed. Not a first project.

L: to fit bust 40-42 in, each rectangle about 20 x 33 in

Yarn needed: About 1050 yd with a 15 % margin: 7 skeins of 200 yd or 4 of 360 yd (rounded up, 1 spare skein included). Where it comes from: 2 rectangles 901 yd + 2 seams 8 yd + ends 2 yd = 911 yd, plus the 15 % margin 137 yd = 1048 yd, rounded up to 1050 yd. Weight about 450 to 600 g (1.0 to 1.3 lb), estimate
Finished size: Two identical rectangles, each about 20 in wide, length about 33 in (51 x 84 cm). Neck opening about 26 in around, hem about 106 in around. The front and the back point hang about 28 1/2 in below the neck edge, the sides about 20 in. At the underarm the poncho is at least 49 1/2 in around, over a largest bust of 42 in. Approximate.
Counts: Each rectangle: ch 101, 99 sts, 45 rows (make 2). Seams: 60 sts to 45 row ends, twice. Open

neck: 39 sts on each rectangle. About 29 to 32 hours in all, estimated, not timed. Not a first project.

XL: to fit bust 44-46 in, each rectangle about 21 1/2 x 34 1/2 in

Yarn needed: About 1170 yd with a 15 % margin: 7 skeins of 200 yd or 5 of 360 yd (rounded up, 1 spare skein included). Where it comes from: 2 rectangles 999 yd + 2 seams 8 yd + ends 2 yd = 1009 yd, plus the 15 % margin 152 yd = 1161 yd, rounded up to 1170 yd. Weight about 500 to 700 g (1.1 to 1.5 lb), estimate

Finished size: Two identical rectangles, each about 21 1/2 in wide, length about 34 1/2 in (54 x 87 cm). Neck opening about 26 in around, hem about 111 1/2 in around. The front and the back point hang about 30 in below the neck edge, the sides about 21 1/2 in. At the underarm the poncho is at least 51 in around, over a largest bust of 46 in. Approximate.

Counts: Each rectangle: ch 105, 103 sts, 48 rows (make 2). Seams: 64 sts to 48 row ends, twice. Open neck: 39 sts on each rectangle. About 32 to 35 hours in all, estimated, not timed. Not a first project.

2X: to fit bust 48-50 in, each rectangle about 22 1/2 x 36 1/2 in

Yarn needed: About 1310 yd with a 15 % margin: 8 skeins of 200 yd or 5 of 360 yd (rounded up, 1 spare skein included). Where it comes from: 2 rectangles 1123 yd + 2 seams 9 yd + ends 2 yd = 1134 yd, plus the 15 % margin 171 yd = 1305 yd, rounded up to 1310 yd. Weight about 550 to 750 g (1.2 to 1.7 lb), estimate

Finished size: Two identical rectangles, each about 22 1/2 in wide, length about 36 1/2 in (58 x 92 cm). Neck opening about 27 1/2 in around, hem about 118 in around. The front and the back point hang about 32 in below the neck edge, the sides about 22 1/2 in. At the underarm the poncho is at least 54 in around, over a largest bust of 50 in. Approximate.

Counts: Each rectangle: ch 111, 109 sts, 51 rows (make 2). Seams: 68 sts to 51 row ends, twice. Open neck: 41 sts on each rectangle. About 35 to 38 hours in all, estimated, not timed. Not a first project.

Size table

Measure	S	M	L	XL	2X
To fit bust (in)	32-34	36-38	40-42	44-46	48-50
Length (in)	30 1/2	31 1/2	33	34 1/2	36 1/2

Inches. Approximate, from our suggested gauge: check them against your swatch.

Abbreviations (US)

ch = chain
hdc = half double crochet
st, sts = stitch, stitches
RS = right side (the outside of the poncho)
WS = wrong side (the inside)
yo = yarn over
tch = turning chain (ch 2 here: never counted, never worked into)
S (M, L, XL, 2X) = numbers for each size: the first is S, the others follow in order

Gauge

Gauge swatch is required, not optional. Suggested only, not swatched: 12 hdc and 9 rows = 4 in (10 cm) in hdc with a US J-10 (6 mm) hook and worsted (#4) yarn. Your rows and stitches may be fewer or more than we show: measure your swatch and adjust.

Notes

- US crochet terms: see the abbreviations above. Sizes: S, M, L, XL, 2X. Numbers are written S (M,

L, XL, 2X).
- Hdc: yarn over, insert the hook under both top loops of the next st (the V), yarn over and pull up a loop (3 loops on the hook), yarn over and pull through all 3 loops.
- Back bump: the bump on the back of each foundation ch. Row 1 goes in the back bumps. Keep the foundation chain loose: use a hook one size up for it if you tend to chain tight. It is long, so count it in tens.
- Row 1 of every rectangle is a right-side (RS) row, so odd rows are RS and even rows are WS. RS = the outside of the poncho, WS = the inside. The turning ch (ch 2) does not count as a st and you never work into it. Row 1 starts at the right end of the rectangle, held with Row 1 at the bottom. Every 'right' and 'left' in this pattern is written for a right-handed crocheter: if you crochet left-handed, mirror the directions (our drawings are not mirrored).
- Join a new skein at the end of a row. Leave 6 in tails.
- Expect the poncho to grow 1 to 2 in in length once worn or wet. Weigh your swatch when you block it.
- Glossary. Row end: the side edge of a row. Last row: the top edge of the rectangle. Point: a corner of the hem that no seam touches. Swatch: a small test piece you crochet and measure. Gauge: how many stitches and rows make 4 in. WS: wrong side, the inside of the poncho.



What you need: worsted (#4) yarn in one color, a US J-10 (6 mm) hook, a yarn needle, scissors, stitch markers and a measuring tape. Preview picture.

Swatch

Make this first. 24 sts and 15 rows, the same for every size.

Foundation

Ch 26.

Stitch count: 26 ch

Row 1 (RS)

Skip the first 2 ch from the hook (they are the turning ch and do not count as a st). Work a hdc in the back bump of the next ch and of each ch across.

Stitch count: 24 hdc

Rows 2 to 15

Ch 2 (does not count as a st), turn. Hdc in each st across. The last hdc of every row goes in the first hdc of the row before, next to the turning ch, never in it.

Stitch count: 24 hdc



Close up: half double crochet rows and a seam. Preview picture, not a photo of a finished piece. Your stitches will look different with your yarn.

Rectangle A

Worked from the foundation chain up, in one color. Sizes: S, M, L, XL, 2X. Numbers are written S (M, L, XL, 2X).

Foundation

Ch 93 (97, 101, 105, 111).

Stitch count: 93 (97, 101, 105, 111) ch

Row 1 (RS)

Skip the first 2 ch from the hook (they are the turning ch and do not count as a st). Work a hdc in the back bump of the next ch and of each ch across.

Stitch count: 91 (95, 99, 103, 109) hdc

Rows 2 to 39 (42, 45, 48, 51)

Ch 2 (does not count as a st), turn. Hdc in each st across. The last hdc of every row goes in the first hdc of the row before, next to the turning ch, never in it.

Stitch count: 91 (95, 99, 103, 109) hdc



From the front you see the second point and the wide neck opening. Preview picture, not a photo of a finished piece.

Rectangle B

Same as rectangle A: ch 93 (97, 101, 105, 111), then 39 (42, 45, 48, 51) rows of 91 (95, 99, 103, 109) hdc. Work it again, row for row.

Foundation

Ch 93 (97, 101, 105, 111).

Stitch count: 93 (97, 101, 105, 111) ch

Row 1 (RS)

Skip the first 2 ch from the hook (they are the turning ch and do not count as a st). Work a hdc in the back bump of the next ch and of each ch across.

Stitch count: 91 (95, 99, 103, 109) hdc

Rows 2 to 39 (42, 45, 48, 51)

Ch 2 (does not count as a st), turn. Hdc in each st across. The last hdc of every row goes in the first hdc of the row before, next to the turning ch, never in it.

Stitch count: 91 (95, 99, 103, 109) hdc

Join Your Poncho in 2 Seams

Row ends and stitches seam 3 row ends to 4 sts, so the counts below match.

Weave in ends

Weave in the ends on the wrong side, along a row, going back on yourself for 3 in.

Block

Block the two rectangles flat before you sew. Pin each seam and hold the poncho up before you sew the second seam. Follow the yarn label.

Pin first

For every seam, pin the first and the last rows (or sts) of the seam and the middle first, then add pins every 2 in and sew between the pins.

Mark the seam stitches

On each rectangle, hold it with the right side (RS) facing you and Row 1 at the bottom. The top edge is the last row. Count 52 (56, 60, 64, 68) sts from the right end of the last row and put a marker between st 52 (56, 60, 64, 68) and the next st. The 52 (56, 60, 64, 68) sts at the right are sewn. The 39 (39, 39, 39, 41) sts at the left stay open: this is the neck (52 (56, 60, 64, 68) + 39 (39, 39, 39, 41) = 91 (95, 99, 103, 109) sts). In sizes S, L, 2X, the last row is a right-side row: its turning ch is at the right end, do not count it, and the first st of the row is the first st you count. In sizes M, XL, the last row is a wrong-side row: its turning ch is at the left end, and the right end is the last st of the row; count from there the same way.

Seam 1

Lay rectangle A flat, RS up, Row 1 at the bottom. Turn rectangle B a quarter turn counterclockwise, RS up, and lay its left edge along the last row of A. Sew the left edge of rectangle B (39 (42, 45, 48, 51) row ends) to the last row of rectangle A, on its 52 (56, 60, 64, 68) sts at the right end (the sts before the marker). Put the top-left corner of B on the marker of A, and the bottom-left corner of B on the top-right corner of A (the last st at the right end of its last row). With the right sides facing you, sew 4 sts of A to 3 row ends of B, and repeat 13 (14, 15, 16, 17) times (52 (56, 60, 64, 68) sts to 39 (42, 45, 48, 51) row ends). Mattress stitch: on the row-end edge pick up the 2 bars between the first and second st of a row end; on the stitch edge go under the 2 loops of the V of one st. Pull gently every 4 sts.

Seam 2

Curl the left end of A toward B without flipping it: both right sides face you, the edges butted together like a tube seam. Its left edge now lies against the last row of B, at the right end of that row. The poncho is worn with the right side out. Sew the left edge of rectangle A (39 (42, 45, 48, 51) row ends) to the last row of rectangle B, on its 52 (56, 60, 64, 68) sts at the right end (the sts before the marker). Put the top-left corner of A on the marker of B, and the bottom-left corner of A on the top-right corner of B (the last st at the right end of its last row). With the right sides facing you, sew 4 sts of B to 3 row ends of A, and repeat 13 (14, 15, 16, 17) times (52 (56, 60, 64, 68) sts to 39 (42, 45, 48, 51) row ends). Mattress stitch: on the row-end edge pick up the 2 bars between the first and second st of a row end; on the stitch edge go under the 2 loops of the V of one st. Pull

gently every 4 sts.

Check the opening

The neck opening is the 39 (39, 39, 39, 41) open sts of A and the 39 (39, 39, 39, 41) open sts of B. Hold the poncho up: it has a ring shape with one point at the front and one at the back (the two corners where Row 1 meets the right edge). Try your head through the opening before you weave in the seam ends.

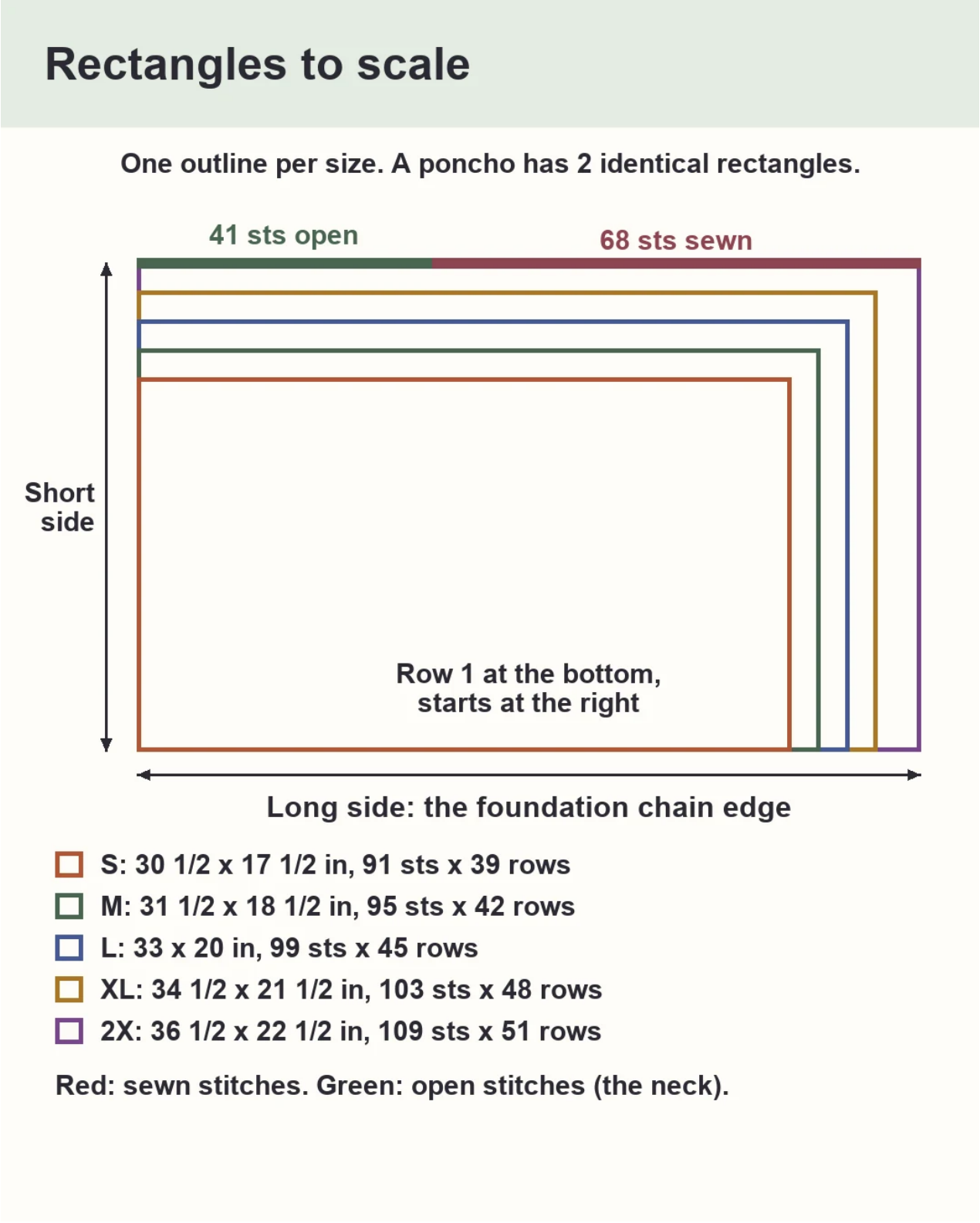
Finish

Weave in the seaming ends. The neck and the hem are left as they are (the edge of the hdc rows): no border, no fringe to work. The first row (the foundation ch edge) and the last row stay raw: no hem, no border.



A poncho draped over a chair. Preview picture, not a photo of a finished piece. Real drape depends on your yarn and tension.

Plan of the pieces



The rectangle of every size to scale, with the stitch counts. The two rectangles of a poncho are identical. A computer drawing. Open it full size.

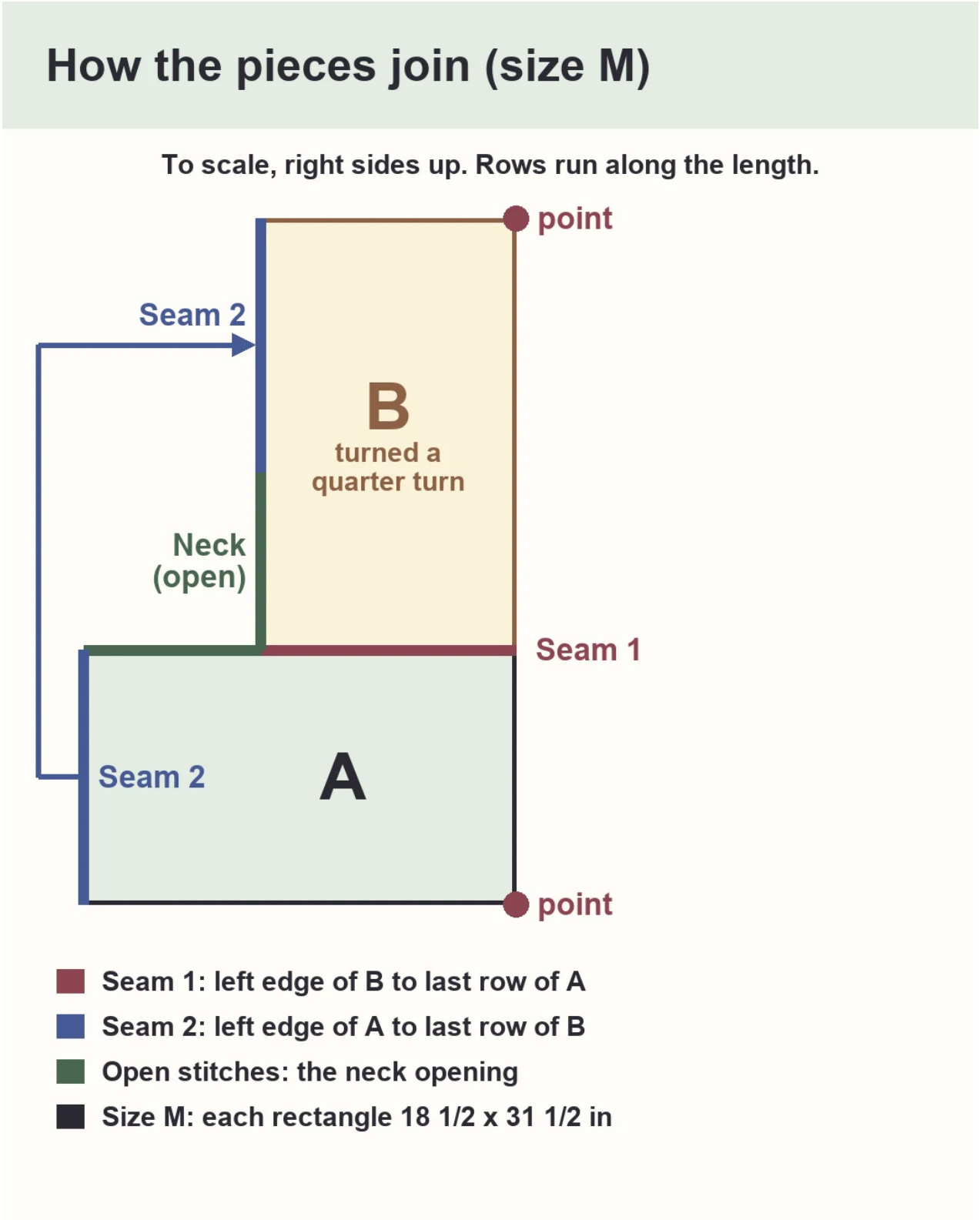
Chart

Size table

	S	M	L	XL	2X
To fit bust (in)	32-34	36-38	40-42	44-46	48-50
Rectangle width (in)	17 1/2	18 1/2	20	21 1/2	22 1/2
Rectangle length (in)	30 1/2	31 1/2	33	34 1/2	36 1/2
Neck opening around (in)	26	26	26	26	27 1/2
Hem around (in)	95 1/2	100 1/2	106	111 1/2	118
Point below neck edge (in)	24 1/2	26 1/2	28 1/2	30	32
Around at the underarm, at least (in)	46 1/2	48	49 1/2	51	54
Each rectangle: sts x rows	91 x 39	95 x 42	99 x 45	103 x 48	109 x 51
Seams: sts to row ends	52 to 39	56 to 42	60 to 45	64 to 48	68 to 51
Open neck sts per rectangle	39	39	39	39	41
Yarn, about (yd)	840	940	1050	1170	1310
Time, estimated (h)	24-27	27-30	29-32	32-35	35-38

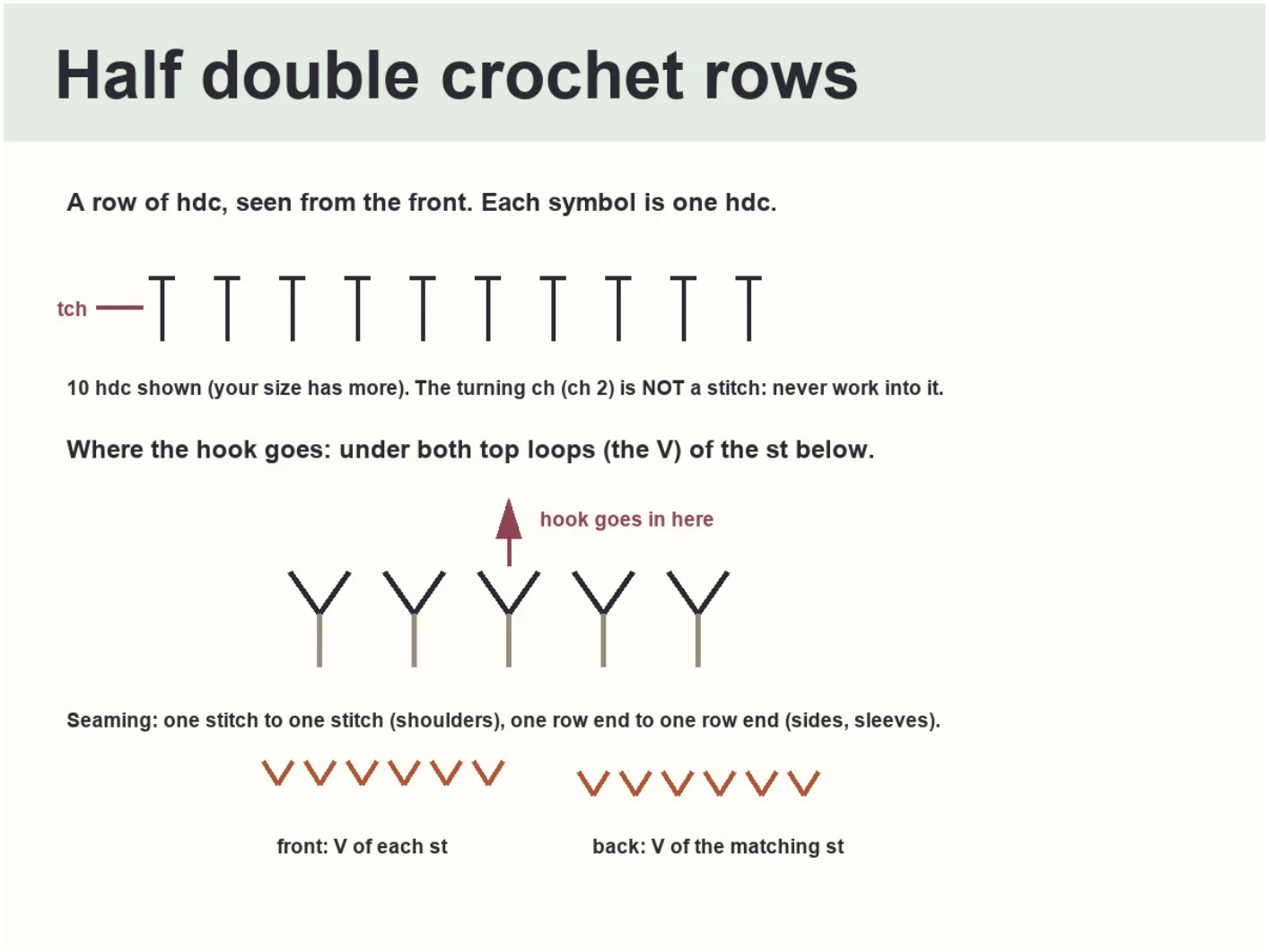
Measurements and counts for every size, computed from the gauge in the pattern. A computer drawing. Open it full size.

Assembly plan



How the two rectangles go together, drawn for size M (the other sizes use their own numbers in the Assembly rows). A computer drawing. Open it full size.

Stitch diagram



The hdc row, where the hook goes, and what is sewn to what. A computer drawing. Open it full size.

Finishing

Weave in the seaming ends and check that the seams lie flat. The neck and the hem stay raw: no border, no fringe. Wash as the label says. Lay flat to dry (drying time not tested). Store folded.



A folded poncho in a gift stack. Preview picture, not a photo of a finished piece.

Thank you!

This pattern online (photos, FAQ):
https://www.amgroyal.com/crochet-poncho/?utm_source=pdf&utm_medium=referral&utm_campaign=crochet-poncho

More free patterns: amgroyal.com

© 2026 amgroyal.com. You may sell what you crochet. Please don't copy or repost this pattern; link to it instead.